



Coaching Packages

Discovery Session

45mins

Tell Xzavia about your hopes and dreams, your fears and challenges. It's also your chance to ask all the questions you need. Together you can decide if Xzavia is the right coach for you and if you're the right client for her.

FREE

Awakening

1 month

Includes: 2 x 2 hour 1:1 appointments in person or via Skype
FREE entry to my monthly Spiritual circle for the month you join.

Session 1 - It's all about you. I learn your map of the world, what excites you, challenges you, your fears, strengths, everything. Towards the end of the session, you will have your chakras balanced and energy cleared so you are in top notch condition for your next intensive session.

Session 2 - is where I guide you using positive psychology, coaching models, psychic intuition, spiritual mentoring and more. I assist you to dig deep and uncover what you need to get you motivated and excited about life.

Investment: \$600

Integration

3 months

Includes 6 x 2 hour 1:1 appointments in person or via Skype.

FREE entry to my monthly Spiritual circle for the months you join.

FREE lifetime access to the 'OptiMystic Life' Facebook page reserved exclusively to those who commit to the Integration or Expansion package. Within this group Xzavia will be going live each month covering topics of interest (group coaching), posting weekly readings, cheering you on and much more!

Session 1- It's all about you. I learn your map of the world, what excites you, challenges you, your fears, strengths, everything. Towards the end of the session, you will have your chakras balanced and energy cleared so you are in top notch condition for your next intensive session.

For the next 5 sessions we will work through the areas of your life you feel most need attention, coupled with what I'm guided by your higher self you need most at this time. I'll be using positive psychology, coaching models, psychic intuition, spiritual mentoring and more. One of the sessions will be dedicated to discovering, releasing and healing some of your Past lives.

Investment: \$1800

Expansion

6 months

Includes 6 x 2 hour 1:1 appointments in the first 3 months in person or via Skype. Plus 6 x 1 hour 1:1 appointments in the second 3 months.

FREE entry to my monthly Spiritual circle for the months you join.

FREE lifetime access to the 'OptiMystic Life' Facebook page reserved exclusively to those who commit to the integration or Expansion package. Within this group Xzavia will be going Live each month covering topics of interest (group coaching), posting weekly readings, cheering you on and much more!

FREE 12-month Wellness discovery journal featuring guidance and tools by twelve influential people in the Wellness industry including Xzavia.

Session 1- It's all about you. I learn your map of the world, what excites you, challenges you, your fears, strengths, everything. Towards the end of the session, you will have your chakras balanced and energy cleared so you are in top notch condition for your next intensive session. *Cont.*

For the next 5 x 2hr sessions we will work through the areas of your life you feel most need attention, coupled with what I'm guided by your higher self you need most at this time. I'll be using positive psychology, coaching models, psychic intuition, spiritual mentoring and more. In the last 3 months are the 6 x 1hr sessions. One will be dedicated to discovering, releasing and healing some of your Past lives. Another session will be with the amazing Michele Scott for a Numerology reading. The last session will be a beautiful celebratory wrap up of your journey over the 6 months.

You will also have access to 5 x 10 min phone chats in between sessions over your 6-month program with Xzavia for clarity, guidance or whatever you need. These will be up to you to utilise and Xzavia will give you specific available days and times to call if you wish.

Investment: \$2800

Meaning in Life package

1 Month

Do you feel the call to work on your life's purpose? Do you want to know why you are here?

This 1-month package is to help you discover you values, strengths, purpose and more.

There will be science based surveys to do that help Xzavia know how to best assist you whilst you get to know yourself.

Includes 4 x 1 hour appointments over 4 weeks.

Session 1- It's all about you. I learn your map of the world, what excites you, challenges you, your fears, strengths, everything. Towards the end of the session, you will have your chakras balanced and energy cleared so you are in top notch condition for your next intensive session.

The next 3 sessions we will cover values, strengths and purpose with homework prior to your appointment.

Also receive your own copy of Sharon Pearson's life changing book 'Ultimate You'.

Investment: \$700